



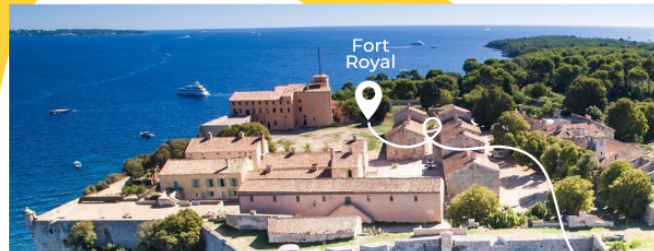
# Bodhi & Oliyoga retreat

**Oliyoga and Bodhi** are once again joining their passions, experience, and love for holistic education to offer a **unique weekend retreat for parents and children.**

A weekend to **slow down**, reconnect, breathe deeply, and nourish the relationship between parent and child through **yoga, mindfulness, nature, creativity,** and meaningful shared experiences.

Spend a weekend with us in an **idyllic setting** among the coves and pine and eucalyptus forest, a haven of untouched nature, on **Saint Marguerite island.**

Our accommodation for the weekend will be in a **shared dormitory at the magnificent, newly renovated Fort Royal**, a classified historical monument.



This is a **unique opportunity** to explore and strengthen the **bond between parents and child** while creating **lifetime memories.**

Throughout the weekend, we will **explore** the Four Agreements through **movement, storytelling, rituals, yoga, creative workshops, Montessori-inspired activities,** and **circles of connection.**

## Parent & Child Weekend

The theme is inspired by the wisdom of the **Four Agreements** by Don Miguel Ruiz.



**September  
26-27**

• Parent & Child Weekend •

# Schedule

## Saturday

- 14:00** Ferry from Cannes
- 15:00** Opening Parent&Child Yoga Duo
- 16:30** Settle into rooms
- 17:30** **First Agreement**  
Adults : Yoga practice  
Kids : Workshop
- 19:00** **Dinner**
- 20:30** **Second Agreement**  
Candle&Circle Mantra

## Sunday

- 07:45** Kids: Mindfulness Circle  
Adults: Morning Meditation
- 08:30** **Breakfast**
- 10:00** **Third Agreement**  
Kids: Curiosity&Communication  
Adults: Yoga practice
- 12:00** **Lunch**
- 13:00** **Fourth Agreement**  
Nature Ritual & Land Art (together)
- 15:30** **Closing Circle**
- 16:00** **Ferry to Cannes**

## Date & Location

**Date:** Saturday, September 26th & Sunday, September 27th, 2026  
**Location:** Saint Marguerite Island

## Availability

**Only 10 duos available**  
(10 parents and 10 children)

## Rates for Duo

**380€ for 1 Parent + 1 Child (6-10yo)**  
**Package includes:**

- Boat transfer from/to Cannes
- 1 night in the Fort Royal
- Meals Yoga classes
- Children activities
- Duo classes

## Terms & Conditions

A non refundable 180€ deposit the day of the reservation and the rest will be due before the 20th of August 2026.

## Contact us

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